

Our retainer policy

Wearing your retainers is the most important part of your orthodontic journey.

Teeth shifting is a part of the natural ageing process just like getting wrinkles, so lifetime maintenance is crucial.

Healthy teeth are not meant to be glued together, they are individual units and function independently. This is normally only done for areas of weak bone and gum or damaged teeth.

For this reason WE DO NOT ENCOURAGE THE USE OF 'BONDED' OR 'PERMANENT' RETAINERS.

Instead we advocate responsible use of removable retainers to maintain your smile.

Permanent or bonded retainers are not actually permanent and can cause other unexpected problems after treatment is completed, such as difficulty to clean around those teeth which can cause plaque trapping and lead to localised gum and bone loss.

They are subject to breaking frequently, which is the reason that when bonded retainers are placed, it is recommended that you still wear a removable retainer over them anyway.

Bonded retainers only hold the front few teeth, whereas your orthodontic treatment involved improvements of ALL your teeth. Thus, holding the front teeth only gives the back teeth a chance to move out of alignment.

The retainers we provide at B Orthodontics, are only worn at night and will hold ALL your teeth where they are at the end of your orthodontic treatment.

Even excellent retainer wear will not guarantee that the teeth will stay exactly the same forever, due to the natural ageing and bone changing processes.

Minor alignment adjustments may be made to your retainers in the future to ensure that you remain happy with your smile.

After 2 years of retainer reviews, further follow up care may be charged at the current office visit rate.

Lost or broken retainers will incur a fee for replacement or repair.

Registered Specialist Orthodontists

Dr Edwin Tan
DCD, MOrth, MRACDS (Orth), BDS (Hons)

Dr Kylie Moseling
MDS, Grad Dip Clin Dent, BDS (Hons)

Dr Jim Bokas
MDS, Grad Dip Clin Dent, MOrth, BDS

237 Burwood Hwy, Burwood East VIC 3151

T. 03 9886 6124 **F.** 03 9802 5976 **E.** burwood@b-orthodontics.com.au

27 Romsey Rise, Doncaster East VIC 3109 (Cnr George Street)

T. 03 9848 3488 **F.** 03 9848 8997 **E.** doncaster@b-orthodontics.com.au

112 Anderson Street Lilydale Vic 3140

T. 03 9735 0024 **F.** 03 9735 2007 **E.** lilydale@b-orthodontics.com.au